

www.MaineAgintheClassroom.org

Pre-K-2 Alignment

Common Core

ELA – Reading: RI.K.1, RI.K.7, RI.1.1, RI.1.7, RI.2.7

Speaking & Listening: SL.K.2, SL.1.2, SL.2.2

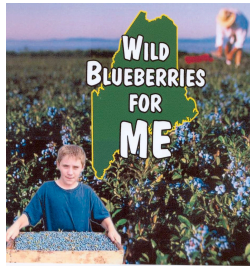
Writing: W.K.2, W.1.2

Language: L.K.2, L.1.2, L.2.2

MATH – 2.MD.10

Maine Learning Results

HEALTH EDUCATION – C1a



Wild Blueberries for ME

Pre-K-2

Lesson Description: *Wild Blueberries for ME* describes the history, growing and harvesting of this important Maine crop. After reading aloud, students will be involved in English Language Arts and Health Education activities.

*The book is available online at www.TeachMEFoodandFarms.org/resources for your computer or smart board if you do not have it in your classroom.

Learning Objectives

The student will:

- Describe how blueberries are grown in Maine
- Identify where wild blueberries are grown
- Tell why blueberries are a healthy food
- Become familiar with wild blueberry vocabulary
- Follow directions to make a blueberry snack

Process

1. Read *Wild Blueberries for ME* aloud to the class, sharing the pictures as you go.
2. Have students recall information about the history, growth and harvest from the reading
3. On the map of Maine, show students where wild blueberries are grown
4. Have students fill in the blanks in the Sally's Blueberries story. This can be done as a large group or individual activity.
5. Discuss why wild blueberries are a healthy food.
6. Have students follow directions and make individual blueberry snacks**
 - Materials: small paper cups, plastic spoons, sliced bananas, granola, blueberries
 - Each child will get a cup and spoon
 - Each child will layer sliced bananas first, granola next and blueberries last. These "parfaits" could be topped with vanilla yoghurt or whipped cream.
 - After eating the snacks, poll class to see how many thought the blueberry snack was really good. A bar graph could be made to show the results
 - Ask class for other suggestions for making a blueberry snack and list on board.
7. Have students fill out the Snack Windows sheet.

